



**BATRC**

Your Path to Recovery

You're Invited!

## BATRC Open House

Thursday, February 8th  
4pm - 6pm

Location:

BATRC Clinic  
3220 Sacramento Street  
Suite A  
Berkeley

- Meet staff and current students
- Learn more about our services
- Learn more about working here!



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Your Path to Recovery

Bay Area Trauma Recovery  
Clinical Services  
3220 Sacramento Street A  
Berkeley, CA  
94702

510-660-1493  
[traumarecoveryclinic.org](http://traumarecoveryclinic.org)



Bay Area  
Trauma Recovery  
Clinical Services



Expanding access to low-fee,  
evidence-based trauma  
therapy

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## Training Opportunities

- Weekly didactic training on topics covering PTSD and its related subjects.
- Weekly case consultation with staff and peers
- Training in evidence-based therapies such as Acceptance and Commitment Therapy
- Training in exposure-based therapies such as EMDR, Prolonged Exposure, Written Exposure Therapy, and Accelerated Resolution Therapy
- Opportunity to run groups!

## Our Clinicians

We accept applications from students in their 3rd year or higher from the Wright Institute, Alliant, PGSP-Stanford, and USF.

## Our Story

In 2016, Drs. Matthew McKay and Robyn Walser set out on a mission to increase access to low-fee, evidence-based psychotherapy in the Bay Area which led to the opening of Bay Area Trauma Recovery Clinical Services (BATRCS).

BATRCS is devoted to treating simple and complex PTSD from any source (childhood abuse, domestic violence, sexual assault, crime, military related trauma, accidents, disasters, health related trauma, etc.).

Here we provide what so few clinics in the Bay Area offer: low fee trauma therapy. **Many of our clients pay as little as \$30 per session.**

## Services Provided

Intake  
(\$20)

Individual Therapy  
(\$30 - \$150)  
Fees based on income

- Acceptance and Commitment Therapy
- Cognitive Behavioral Therapy
- Prolonged Exposure
- Written Exposure
- EMDR
- Accelerated Resolution Therapy

Group Therapy  
(\$20/group session)

- Emotion Efficacy Groups
- Advanced Emotion Efficacy Skills
- Post-Trauma Growth Group

Our therapists are experienced graduate student clinicians who are supervised and fully trained by our licensed clinical psychologists who specialize in treating trauma